

COLONOSCOPY INSTRUCTIONS FOR SUPREP

ON THE DAY PRIOR TO YOUR PROCEDURE YOU WILL BE ON A CLEAR LIQUID DIET ALL DAY LONG (NO SOLID FOOD)

CLEAR LIQUIDS INCLUDE: CHICKEN BROTH, JELL-O, POPSICLES, APPLE JUICE, APPLESAUCE, GATORADE, CLEAR GRAPE JUICE, WATER, GINGERALE, SPRITE, CRYSTAL LIGHT.

TEA AND COFFEE ARE CONSIDERED CLEAR LIQUIDS WITH NO CREAMER OR MILK.

1. (STEP ONE): FIRST BOTTLE: _____ FOLLOW THE DIRECTIONS ON THE BACK OF THE BOX. THE FIRST DOSE HAS TO BE DRANK IN 1 HOUR
2. OVER THE NEXT HOUR AFTER THE FIRST DOSAGE IS GONE YOU MUST DRINK 2 16 OZ. BOTTLES OF CLEAR LIQUID.
3. REPEAT STEP ONE AT _____
4. REPREAT STEP TWO.
5. YOUR ARE ENCOURAGED TO DRINK AS MANY CLEAR LIQUIDS AS YOU CAN THROUGHOUT THE DAY.
6. NOTHING TO EAT OR DRINK AFTER MIDNIGHT.
7. NO ASPIRIN THE DAY BEFORE OR DAY OF THE PROCEDURE. NO OTHER BLOOD THINNERS 4 DAYS PRIOR TO PROCEDURE.